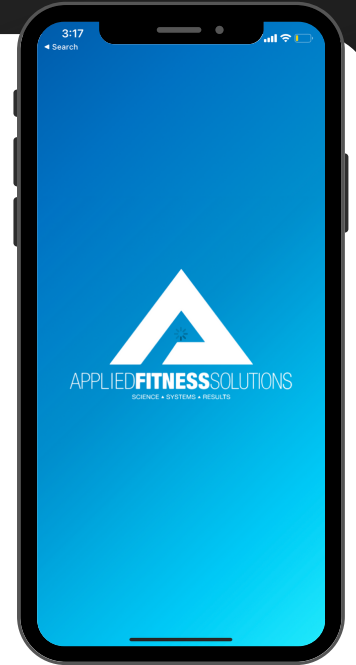




# AFS CONNECT

## What is it?

AFS Connect is the app that puts you in control of your schedule and gives you access to our coaches, right from the palm of your hand. This is where to find all class openings, who's teaching each class, and how many spots are open. You can also report injury issues and other information to tailor instruction in class based on the information you report. Got a question? Message any of our trusted Agents of Change!



## What's it used for?



CLASS  
REGISTRATION



MESSAGE  
COACHES



CHECK WHO'S  
TEACHING CLASS



REPORT INJURIES +  
LIMITATIONS

## How do I use AFS Connect?

### On the web

- 1 Go to [cms.4afsfitt.com](https://cms.4afsfitt.com).
- 2 Login using your username and email provided at your new client orientation.
- 3 Connect with your coaches and get signed into class!

### Mobile

- 1 Download "AFS Connect" from Google Play or the Apple Store
- 2 Login using your username and email provided at your new client orientation.
- 3 Connect with your coaches and get signed into class!