

# Brother?

# Sister?

# Friend?

## Worried about someone with an Eating Disorder?

# Young Carers' Club

(for under 18s)

A space for **you** to talk online

Coming up in December

Christmas chats with expert speakers

Find out more & sign up today

[www.b-eat.co.uk/get-help/get-support/online-services/](http://www.b-eat.co.uk/get-help/get-support/online-services/)



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beating eating disorders

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